

Assessments.com and SBIRT:

# Screening, Brief Intervention and Referral to Treatment

Assessments.com is a unique, mature company with the proven ability to assist community agencies (e.g., primary care providers, emergency rooms, mental health clinics, criminal and juvenile justice settings, welfare offices, employers and schools) who have a need to provide behavioral health screening, brief intervention and referral to treatment for persons with substance use or mental or behavioral health disorders, as well as those who are at risk of developing these disorders.

To do this effectively, we offer a combination of innovative solutions in the areas of (1) risk assessment and treatment plan development; (2) technology; and (3) training . Below is a brief introduction to our comprehensive, integrated, public health, evidence-based approach:

| Screening  | Brief Intervention  | Referral to Treatment   |
|--|---|---|
| <p>Incorporated into the normal routine in medical or other community settings, screening provides identification of individuals with problems related to alcohol/substance use or behavioral health. Screening can be accomplished through interview or self-report. Assessments.com provides two very popular tools: the <b>GAIN-SS</b> (Global Appraisal of Individual Needs - Short Screener) and the <b>ASSIST</b> (Alcohol, Smoking and Substance Involvement Screening Test).</p> | <p>Following a screening result that indicates a low or moderate risk, a brief intervention is provided. This involves motivational discussion focused on raising the individuals' awareness of their particular behavioral health issue and its consequences on their lives, and then enhancing their intrinsic motivation to change. Successful brief interventions encompass support of the clients' empowerment to make behavioral change. Assessments.com has a number of trainers who can train your staff in the skills of MI, <b>Motivational Interviewing</b> in order to increase their ability to elicit change talk (and action) from your clients.</p> | <p>Following a screening result that indicates high risk, a referral to treatment should be provided. This is a proactive process that facilitates access to care for those individuals requiring more extensive treatment than a brief intervention. Using the <b>Assessments.com system</b>, you can achieve this key component of SBIRT in an advanced and innovative way. As we do in King County WA, we can help facilitate, not only access to the appropriate level of care for all individuals, but also provide a means of monitoring that treatment after the referral and measuring the positive outcomes.</p> |

## History

As of 2008, Assessments.com (ADC) has 11 years experience developing and implementing automated, integrated assessments, screening instruments and treatment management systems and staff training. Today, ADCV is working collaboratively and successfully with agencies in more than 20 states and a hundred counties across the United States.

ADC delivers its products and services with maximum ease of use, security, dependability and confidentiality – and all in an online, automated system which is affordable, has excellent individual and aggregate reporting capabilities, and the flexibility to integrate with other assessments and systems as required.

## Benefits of Our Software

**Choose between a web-hosted or client-server application.** Assessments.com uses Microsoft's scalable Sql Server as the database structure which can be operated either as a Web-Hosted or Client-Server application. Either platform enables agencies of any size, or even multiple agencies working together, to manage intake, assessment administration, treatment management, and outcome reporting all from a single software application.

**Count on power, ease of use and stability.** Assessments.com's software platform is exceptionally stable. It is a solid, scalable, and robust system that was designed to accommodate thousands of users while maintaining optimum performance levels. Further, unlike other applications that have been "ported" to work on the web, Assessments.com exploits the latest web features to ensure excellent visual display and easy customization.

**Use integration and interconnectivity to save time and money.** Assessments.com's web-based architecture allows for quick, complete and seamless integration with other, existing information management systems. The software comes with an existing hierarchy of access / security levels which allow the administrators to maintain complete control of all data, while allowing limited access and information sharing as appropriate among contract treatment/service providers.

**Outstanding outcome measurements.** All assessments are automatically published with extensive supporting features such as treatment planning, individual reports, groupings by risk, sophisticated scoring, and linkage to other forms or reports.

Outcome reporting at multiple levels is included to take full advantage of useful data-mining possibilities. More than simply a test generator, the assessment engine automatically programs a complete library of outcome-based reports with every new assessment. These reports enable administrators to observe patterns of progress, at various group and individual levels. Comparative reports allow the user to inspect progress of individuals, groups, and providers covering any desired period of time.

## Additional Features

- User-friendly interface and navigation and high-quality visual representation of assessments and reports.
- Open architecture allows for data integration with other systems, including third-party products, and provides for the importation of historical records, eliminating the need for repeated data entry.
- Built-in assessment definitions and instructions and online assessment manuals for increased assessment reliability and ease of use.
- Action plan section provides for development and tracking of client treatment plans.
- Chronological case notes support professional discretion and override capability.
- Treatment Plan section provides outcome measurement/ evaluation and comparisons of effectiveness among providers.

**Pricing.** Since Assessments.com is an online service, there is no expensive hardware or software to buy, no costly upgrades, no lengthy implementations required, and no programmers, system administrators or consultants needed to get up and running.

Assessments.com products and services are made available to clients as a "Bundled Service Package" that includes any needed instrument, integration with existing information systems, staff training, software installation, technical support, and any needed research assistance. The pricing also includes, as requested, convulsive.

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***For more information about how Assessments.com can best meet your organization's customized needs, please contact us at the phone number listed on the bottom of the first page.***

## Sample Excerpt of a Screening Instrument: the GAIN-SS:

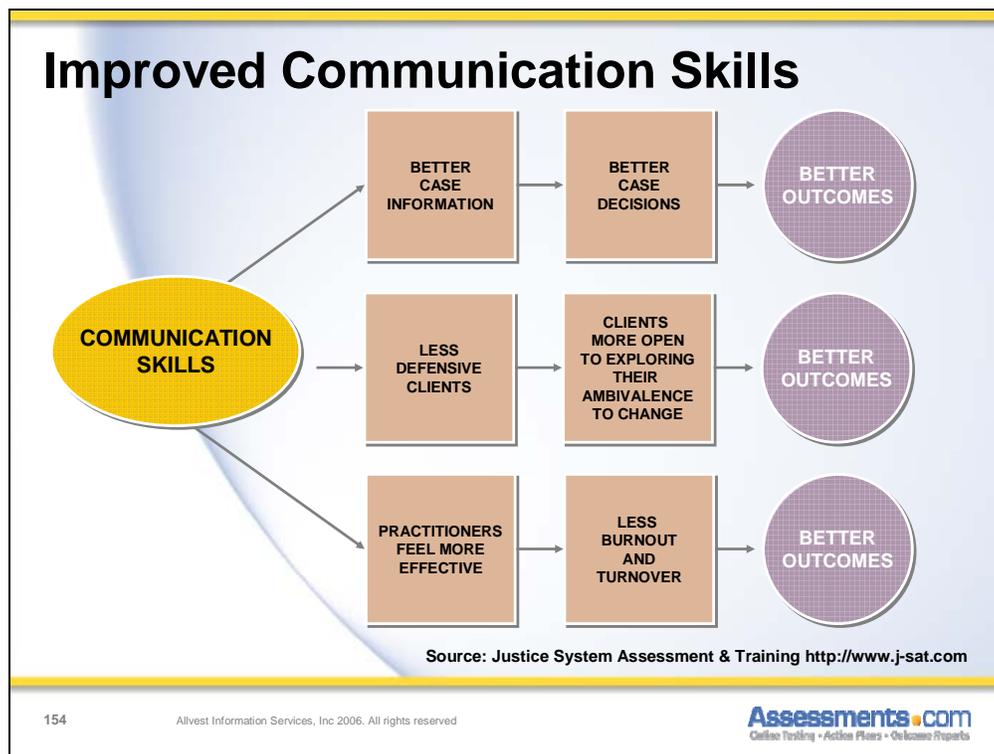
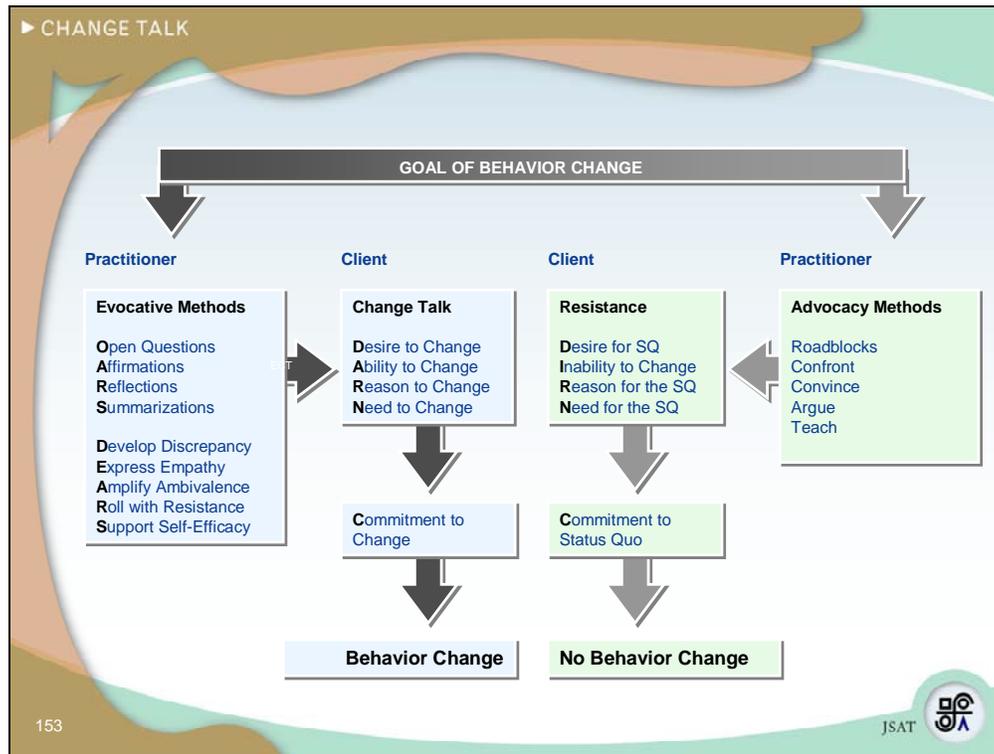
Online Testing - Action Plans - Outcome Reports - GAIN-SS - Windows Internet Explorer

| Domain 2 - Externalizing   |  |
|--|--|
| <b>2a. When was the last time you did the following things two or more times...</b><br>Lied or conned to get things you wanted or to avoid having to do something?                 | <input type="radio"/> 0: Never<br><input type="radio"/> 3: Past month<br><input type="radio"/> 2: 2-12 months ago<br><input type="radio"/> 1: 1+ years ago<br><input type="radio"/> 0: Never |
| <b>2b. When was the last time you did the following things two or more times...</b><br>Had a hard time paying attention at school, work or home?                                   | <input type="radio"/> 3: Past month<br><input type="radio"/> 2: 2-12 months ago<br><input type="radio"/> 1: 1+ years ago<br><input type="radio"/> 0: Never                                   |
| <b>2c. When was the last time you did the following things two or more times...</b><br>Had a hard time listening to instructions at school, work or home?                          | <input type="radio"/> 3: Past month<br><input type="radio"/> 2: 2-12 months ago<br><input type="radio"/> 1: 1+ years ago<br><input type="radio"/> 0: Never                                   |
| <b>2d. When was the last time you did the following things two or more times...</b><br>Were a bully or threatened other people?  | <input type="radio"/> 3: Past month<br><input type="radio"/> 2: 2-12 months ago<br><input type="radio"/> 1: 1+ years ago<br><input type="radio"/> 0: Never                                   |
| <b>2e. When was the last time you did the following things two or more times...</b><br>Started fights with other people?   | <input type="radio"/> 3: Past month<br><input type="radio"/> 2: 2-12 months ago<br><input type="radio"/> 1: 1+ years ago<br><input type="radio"/> 0: Never                                   |
| Domain 3 - Substance Abuse   |  |
| <b>3a. When was the last time...</b> you used alcohol or drugs weekly?   | <input type="radio"/> 3: Past month<br><input type="radio"/> 2: 2-12 months ago<br><input type="radio"/> 1: 1+ years ago<br><input type="radio"/> 0: Never                                   |
| <b>3b. When was the last time...</b> you spent a lot of time either getting alcohol or drugs, using alcohol or drugs, or feeling the effects of alcohol or drugs (high, sick)?     | <input type="radio"/> 3: Past month<br><input type="radio"/> 2: 2-12 months ago<br><input type="radio"/> 1: 1+ years ago<br><input type="radio"/> 0: Never                                   |
| <b>3c. When was the last time...</b> you kept using alcohol or drugs even though it was causing social problems, leading to fights, or getting you into trouble with other people? | <input type="radio"/> 3: Past month<br><input type="radio"/> 2: 2-12 months ago  |

## Sample Excerpt of an Outcome Measurement Report:

| PACT Comparative Risk Report          |                     |                     |                    |         |     |
|---------------------------------------|---------------------|---------------------|--------------------|---------|-----|
| FirstName:                            | john                | Last Name:          | smith              | JUV ID: | 621 |
| DOB:                                  | 5/11/1983           |                     |                    |         |     |
| Created By:                           | James Smith         | Last Modified By:   | James Smith        |         |     |
| Created Date:                         | Jan 11 2007 12:28PM | Last Modified Date: | Jan 15 2007 1:06PM |         |     |
| Factor                                | Date                |                     | % of Max           | Score   |     |
| <b>1: Record of Referrals Risk</b>    | 1/15/2007           |                     | 48.39%             | 15      |     |
|                                       | 1/15/2007           |                     | 48.39%             | 15      |     |
| <b>3A: School History Risk</b>        | 1/15/2007           |                     | 71.43%             | 5       |     |
|                                       | 1/15/2007           |                     | 71.43%             | 5       |     |
| <b>3B: Current School Status Risk</b> | 1/15/2007           |                     | 86.36%             | 19      |     |
|                                       | 1/15/2007           |                     | 18.18%             | 4       |     |

# Sample Slides from a Brief Intervention Training Curriculum:



## Sample Screenshot from an ADC Referral to Treatment System:

The screenshot displays the Assessments.com interface for an offender profile. At the top, there are navigation tabs: 'Assessments', 'Reports', 'Permissions', 'User Profiles', and 'Account'. Below these are utility links: 'Create a New Offender', 'Transfer a Offender', 'Search for a Offender', and 'Case Loads'. The main heading reads 'You are currently working with Offender "Juvenile2 Anonymous2"'. The interface is divided into several sections:

- Offender Profile:** Contains personal information such as Name (Juvenile2 Anonymous2), Phone, DOB (5/5/1982), Gender (Male), and Created date (7/9/2003). It also lists the Case Worker (Bradley, Bob) and Supervisor (Bradley, Bob). Action links include 'Add / Change Offender Photo', 'Assign an Item', 'Un-assign an Item', 'Case Notes', 'Offense History', and 'Case Plan'.
- Assigned:** A table listing assigned items with dates and item names. A legend indicates that a green dot represents 'Not Started'.
- Completed:** A table listing completed items with dates and item names.
- Active Referral:** A table listing active referrals with dates and provider names. A red arrow points to this section from the left.

| Offender Profile  |                      |
|---|----------------------|
| Name:   | Juvenile2 Anonymous2 |
| Phone:  | DOB: 5/5/1982        |
| Gender: Male  | Created: 7/9/2003    |
| Address:  | AL 88888             |
| Case Worker:  | Bradley, Bob         |
| Supervisor:   | Bradley, Bob         |
| <a href="#">[ Add / Change Offender Photo ]</a><br><a href="#">[ Assign an Item ]</a> <a href="#">[ Un-assign an Item ]</a><br><a href="#">[ Case Notes ]</a> <a href="#">[ Offense History ]</a> <a href="#">[ Case Plan ]</a> |                      |

| Assigned        |                      |
|-----------------|----------------------|
| 7/25/2008       | ASI v.5              |
| 7/25/2008       | Alternative Sch...   |
| 6/19/2008       | Social History       |
| 5/28/2008       | Social History       |
| 5/28/2008       | Social History       |
| 5/4/2008        | PACT Full Assessm... |
| • = Not Started |                      |

| Active Referral         |                          |
|-------------------------|--------------------------|
| 7/17/2008               | John C. Adams Foundation |
| 7/7/2008                | RR Checkup Facility      |
| 6/11/2008               | HSES Group               |
| 6/4/2008                | Home Health Services     |
| 6/4/2008                | ETS Study Skills         |
| <a href="#">[ Add ]</a> |                          |

| Completed |                      |
|-----------|----------------------|
| 7/17/2008 | R E Offender...      |
| 7/7/2008  | R E PACT 2.0 F...    |
| 6/11/2008 | R E Social Histor... |
| 6/4/2008  | R E Social Histor... |
| 6/4/2008  | R E Social Histor... |
| 6/2/2008  | R E Social Histor... |
| 5/23/2008 | R E Social Histor... |

# Current Library of Assessments

## Adult Justice

|           |  |
|-----------|--|
| STRONG    | Static Risk Offender Needs Guide                         |
| ASI v.5   | Addiction Severity Index                                 |
| GAIN-SS   | Global Appraisal of Individual Needs<br>- Short Screener |
| LS/CMI *  | Level of Service/Case Mgmt. Inventory                    |
| LSI-R *   | Level of Service Inventory – Revised                     |
| ROPE      | Repeated Offender Profile Evaluation                     |
| STATIC-99 | Static 99  |

## Health Care Measures

|             |  |
|-------------|--|
| CAHPS Adult | Consumer Assessment of Health Plans —<br>Adult           |
| CAHPS Child | Consumer Assessment of Health Plans —<br>Child           |
| GAIN-SS     | Global Appraisal of Individual Needs<br>– Short Screener |
| RAND-36 1.0 | RAND 36-Item Health Survey 1.0                           |
| YSS MHSIP   | Youth Services Survey                                    |
| YSS-F       | Youth Services Survey For Families                       |

## Juvenile Justice

|                         |   |
|-------------------------|---|
| BOT 4.1 Pre-Screen      | Back On Track! 4.1 Pre-Screen   |
| BOT 4.1 Full Assess.    | Back On Track! 4.1 Full Assessment                                    |
| DRAI                    | Detention Risk Assessment Instrument                                  |
| EBMT                    | Evidence-Based Matching Tool<br>(Child Protective Services)           |
| GAIN-SS                 | Global Appraisal of Individual Needs<br>– Short Screener              |
| MAYSI-2                 | Massachusetts Youth Screening Instrument<br>– Second Version          |
| PACT 2.0 Pre-Screen     | Positive Achievement Change Tool<br>Pre-Screen Assessment             |
| PACT 2.0 Full Assess.   | Positive Achievement Change Tool<br>Full Assessment                   |
| POSIP                   | Problem Oriented Screening Instrument for<br>Parents                  |
| POSIT                   | Problem Oriented Screening Instrument for<br>Teenagers                |
| POSIT Follow-up         | Problem Oriented Screening Instrument for<br>Teenagers Follow-up      |
| R & R Checkup           | Risk & Resiliency Checkup   |
| R-PACT 2.0 Pre-Screen   | Residential-Positive Achievement<br>Change Tool Pre-Screen Assessment |
| R-PACT 2.0 Full Assess. | Residential-Positive Achievement Change<br>Tool Full Assessment       |

YLS/CMI \*

Youth Level of Service/Case Management  
Inventory

## Mental /Behavioral

|                 |  |
|-----------------|--|
| GAIN-SS         | Global Appraisal of Individual Needs<br>– Short Screener         |
| Health CES-D    | Center for Epidemiological Studies —<br>Depression Scale         |
| DASS            | Depression Anxiety Stress Scales                                 |
| GDS             | Geriatric Depression Scale                                       |
| HAM-D           | Hamilton Depression Rating Scale                                 |
| POSIP           | Problem Oriented Screening Instrument<br>for Parents             |
| POSIT           | Problem Oriented Screening Instrument<br>for Teenagers           |
| POSIT Follow-up | Problem Oriented Screening Instrument<br>for Teenagers Follow-up |
| STATIC-99       | Static-99  |
| ZUNG            | Zung Self-Rating Depression Scale                                |

## School Behavior

|                 |  |
|-----------------|--|
| GAIN-SS         | Global Appraisal of Individual Needs<br>– Short Screener         |
| POSIP           | Problem Oriented Screening Instrument<br>for Parents             |
| POSIT           | Problem Oriented Screening Instrument<br>for Teenagers           |
| POSIT Follow-up | Problem Oriented Screening Instrument<br>for Teenagers Follow-up |
| SSBS            | School Social Behavior Scales                                    |

## Substance Abuse

|                 |  |
|-----------------|--|
| ASSIST          | Alcohol, Smoking and Substance<br>Involvement Screening Test     |
| ASI v.5         | Addiction Severity Index   |
| GAIN-SS         | Global Appraisal of Individual Needs –<br>Short Screener         |
| MAST            | Michigan Alcohol Screening Test                                  |
| POSIP           | Problem Oriented Screening Instrument<br>for Parents             |
| POSIT           | Problem Oriented Screening Instrument<br>for Teenagers           |
| POSIT Follow-up | Problem Oriented Screening Instrument<br>for Teenagers Follow-up |
| SUS             | Substance Use Survey   |
| TCUDS II        | TCU Drug Screen II   |

\* Requires license agreement with MHS (Multi-Health Systems)