551,941 PACT Assessments and Counting:

*Positive Achievement Change Tool*

is Changing Community Probation and Residential Commitment Services in Florida – for the Better

Prepared for NCJFCJ Conference
July 12-15, 2009
Florida Department of Juvenile Justice & Assessments.com

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Agenda

- Introductions
- Vision of Evidence-Based Practice in Florida
- What is the PACT/R-PACT Initiative
- Phased Approach
  - What Works Initiative
  - Probation PACT
  - Residential PACT
- Status & Results
- Future
  - Prevention PACT
  - Aftercare PACT
Florida DJJ: “Part of the Community, Part of the Solution”
Governor Charlie Crist  Secretary Frank Peterman, Jr.

Mission
“To increase public safety by reducing juvenile through effective prevention, intervention and treatment services that strengthen families and turn around the lives of troubled youth”

Vision
“The children and families of Florida will live in safe, nurturing communities that provide for their needs, recognize their strengths and support their success.”

DJJ Youth Served for 2007-2008

- 82,629 Youth Served with 144,705 Referrals
- 30,003 Admitted to Detention Services
- 25,108 Youth received Probation Services
- 6,613 Youth received services in Residential Commitment Programs

Currently – 551,941 Assessments since inception
Florida FAST FACTS

- 20 Judicial Circuits
- 67 Counties
- At risk population – 1.92 million
- 26 detention centers
- 114 commitment facilities

Assessments.com

- Formed in 1998 – initial project was public/private partnership with State of Washington to change the way the state’s juvenile justice system worked.
- Today – nation’s leading innovator in implementing evidence-based practices (EBP); over 75 clients in 21 states
- Provide correctional and behavioral health assessments, software, staff training, consulting and technical assistance to multiple government and private agencies.
PHASE ONE:
WHAT WORKS INITIATIVE

Phase One:
Eight Guiding Principles of EBP
Principles of Effective Intervention

- Risk Principle
- Need Principle
- Responsibility Principle
- Treatment Principle
- Program Integrity Principle

“What Works Initiative in Florida”

- 2004 – DJJ strives for a continuous improvement model for delivery of services by bringing Evidence-Based Programming into a select number of our Residential Commitment Facilities
FLORIDA GOALS

- Incorporate empirically based risk/needs assessment process to align effective interventions and strategies based on youth’s criminogenic needs and risk to re-offend.

- Create efficiencies and better serve our youth while promoting a full continuum of assessment, referral and interventions that ultimately reduce the likelihood of re-offending behavior.

FLORIDA GOALS

- DJJ identified the need to have a validated Risk/Needs Instrument

- Robert Barnoski had developed a tool for the state of Washington.

- DJJ moved towards evidence-based practices

- Assessments.com was selected to provide the software and guide the implementation effort.
PHASE TWO:
COMMUNITY PACT

Pre-Screen – 4 domains

- Criminal History (pre-populated from JJIS)
- Social History
- Mental Health
- Attitudes and Behaviors
Full Assessment – 12 domains

- Completed on all youth scoring Moderate High to High on the PACT.
- Domains: Criminal History / School / Use of Free Time / Employment / Relationships / Family History / Living Arrangements / Substance Abuse / Mental Health / Attitudes - Behaviors / Aggression / Skills

WHAT IS THE PACT INITIATIVE?

- A Systemic Implementation of EBP/PEI:
  - Puts into operation the principles of EBP/PEI throughout all Programs, Processes, Procedures and Policies
- Validated Risk/Needs Instrument, based on:
  - A Semi-structured Interview Protocol
- Determine a youth’s level of risk for re-offense as a way to target resources to higher-risk youth.
- Identify risk and protective factors linked to criminal behavior so that rehabilitation can be tailored to address each youth’s unique assessment profile.
- Develop a case management approach focused on reducing risk and increasing protective factors.
- Allow managers to determine if targeted factors change as a result of the court’s intervention.
WHAT IS THE PACT INITIATIVE?

• Significant Staff Development and Skill-Building – in Motivational Interviewing & Effective Case Management
  • How to Interview Effectively
  • How to Read and Interpret Assessment Results
  • How to Negotiate Case Plans Positively
  • Understand matching needs to services & programs
  • What to look for – quality monitoring
  • How to conduct Re-assessments to evaluate progress
  • Cognitive-Behavioral Content Knowledge and Skills

WHAT IS THE PACT INITIATIVE?

• System of Quality Assurance and Quality Control and Continuous Quality Improvement
  – Inter-rater Reliability
  – Time Frame consistency
  – Data accuracy & Integrity
WHAT IS THE PACT INITIATIVE?

- Sustainability
  - Stakeholder participation
  - Comprehensive Strategies
  - Monitoring Dashboards
  - Liaisons
  - Systemic Method of Accountability

WHAT IS THE PACT INITIATIVE?

A method for measuring relevant processes/practices. Information must be used to monitor process, progress and change.

- What methods will be used to provide feedback – internally and externally?
- What process will be used to measure the effectiveness of the new evidence-based programs?
### Measure Rx Programs / Progress

**PACT Comparative Risk Report**

<table>
<thead>
<tr>
<th>First Name:</th>
<th>John</th>
<th>Last Name:</th>
<th>Smith</th>
<th>JUV ID:</th>
<th>621</th>
</tr>
</thead>
<tbody>
<tr>
<td>DOB:</td>
<td>5/11/1983</td>
<td>Created By:</td>
<td>James Smith</td>
<td>Last Modified By:</td>
<td>James Smith</td>
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<table>
<thead>
<tr>
<th>Factor</th>
<th>Date</th>
<th>% of Max</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1: Record of Referrals Risk</td>
<td>1/15/2007</td>
<td>48.39%</td>
<td>15</td>
</tr>
<tr>
<td>1: Record of Referrals Risk</td>
<td>1/15/2007</td>
<td>48.39%</td>
<td>15</td>
</tr>
<tr>
<td>3A: School History Risk</td>
<td>1/15/2007</td>
<td>71.43%</td>
<td>5</td>
</tr>
<tr>
<td>3A: School History Risk</td>
<td>1/15/2007</td>
<td>71.43%</td>
<td>5</td>
</tr>
<tr>
<td>3B: Current School Status Risk</td>
<td>1/15/2007</td>
<td>86.36%</td>
<td>19</td>
</tr>
<tr>
<td>3B: Current School Status Risk</td>
<td>1/15/2007</td>
<td>18.18%</td>
<td>4</td>
</tr>
<tr>
<td>4A: Historic Use of Free Time Risk</td>
<td>1/15/2007</td>
<td>0.00%</td>
<td>0</td>
</tr>
<tr>
<td>4A: Historic Use of Free Time Risk</td>
<td>1/15/2007</td>
<td>0.00%</td>
<td>0</td>
</tr>
</tbody>
</table>
Results of Oversight Committee and Implementation Team Efforts

- **Phase I** – Implement PACT Assessment
  September 2005-August 2006

- **Phase II** – Implement YES Case Planning
  October, 2006-January, 2007

- **Phase III** – Implement Residential PACT
  May 2008– Current

- **Phase IV** – Begin Performance Planning
  October 2009

- **Phase V** – Ensure Program Integrity
  September 2005 – ongoing

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Y.E.S. Plan
(Youth Empowered Success)

- Utilizes information from the PACT
- Establishing meaningful goals and action steps
- Focus on Motivation for Change
- Utilize parental support and community networks
- Use of Evidence Based practices to focus on criminogenic needs
Florida Department of Juvenile Justice
Circuit 18 – Seminole
PACT Facts

<table>
<thead>
<tr>
<th></th>
<th>July 2007 – June 2008</th>
<th>Statewide</th>
<th>Seminole</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pre and Full Assessments</td>
<td>194,361</td>
<td>3,999</td>
<td></td>
</tr>
<tr>
<td>High Risk</td>
<td>14%</td>
<td>14%</td>
<td></td>
</tr>
<tr>
<td>Moderate-High Risk</td>
<td>19%</td>
<td>16%</td>
<td></td>
</tr>
<tr>
<td>Moderate Risk</td>
<td>16%</td>
<td>17%</td>
<td></td>
</tr>
<tr>
<td>Low Risk</td>
<td>52%</td>
<td>53%</td>
<td></td>
</tr>
<tr>
<td>Suspension History</td>
<td>81%</td>
<td>76%</td>
<td></td>
</tr>
<tr>
<td>Not Enrolled in School</td>
<td>6%</td>
<td>4%</td>
<td></td>
</tr>
<tr>
<td>Anti-Social Peers</td>
<td>84%</td>
<td>89%</td>
<td></td>
</tr>
<tr>
<td>Placed Out of Home</td>
<td>16%</td>
<td>12%</td>
<td></td>
</tr>
<tr>
<td>Parent has MH or Drug Problem</td>
<td>21%</td>
<td>23%</td>
<td></td>
</tr>
</tbody>
</table>
Results – Youth Placed on Probation
Statewide All Groups

Results – Youth Committed for Delinquency
Statewide All Groups
“Adolescence is a period of rapid changes. Between the ages of 12 and 17, for example, a parent ages as much as 20 years.”
~ Author unknown
PHASE THREE

• First R-PACT I-Team meeting March 2007
• 50 person oversight committee
• Several sub committees – “Residentializing” the PACT, Sustainability, Reports and Performance Plan
• 7 Pilot Sites – 6 months
• Statewide roll out started Feb 2009; projected completion November 2009
• 300 staff trained in 4 months
• Train the Trainer Certification Program Implemented
R-PACT is designed to...

- Provide a common assessment and evaluation process across the continuum of services
- Develop a common skill set, language and focus among both DJJ staff and providers
- Use in a variety of settings to communicate progress – Treatment Team meetings, Performance Summaries, Release dates
- Use in decision making process for placement purposes and discharge readiness

Information flows from the Community PACT to the Residential PACT

- 93 Items were added to the R-PACT to be more sensitive to what occurs in a residential setting
- Information from the exit R-PACT flows back into the C-PACT
**Pilot Site Results**

<table>
<thead>
<tr>
<th>Domain</th>
<th>Protective Factors</th>
<th>Risk Factors</th>
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</thead>
<tbody>
<tr>
<td>Attitudes and Behaviors</td>
<td>67% Increase</td>
<td>70% Decrease</td>
</tr>
<tr>
<td>Aggression</td>
<td>72% Increase</td>
<td>63% Decrease</td>
</tr>
<tr>
<td>Drugs and Alcohol</td>
<td>88% Increase</td>
<td>52% Decrease</td>
</tr>
<tr>
<td>Skills</td>
<td>88% Increase</td>
<td>84% Decrease</td>
</tr>
</tbody>
</table>

**Systemic Benefits & Efficiencies**

- Improved risk classification
- Web-based, automated & syncs with JJIS
- Provides a more accurate, meaningful and objective assessment
- Addresses a balanced approach of public safety, competency and accountability
- Identifies highest criminogenic needs
Systemic Benefits & Efficiencies
(continued)

• Pre-populates data into Pre-disposition Reports and State Att’y Recommendations

• Provides the courts, stakeholders, and community partners with individualized information based on risk and protective factors and risk factors

• Staff triages out lower-risk offenders with less involvement by the Department

Systemic Benefits & Efficiencies
(continued)

• Allows more time to be spent on higher-risk youth -- more “bang for the $”

• Provides information through the full continuum of services

• Allows staff, providers and stakeholders to track success
Systemic Benefits & Efficiencies
(continued)

• Assists in developing a meaningful Youth Empowered Success YES Plan and Residential Performance Plan

• Funding to enhance Evidence Based Programming – MST, FFT, BSFT, etc.

• Staff trained to provide various cognitive behavioral group sessions

For the Future

• Aftercare/Transition PACT
• Aftercare/Transition Plan
• Direct & Targeted Funding and Resources
• Determine Program Effectiveness
• Sustainability and Integrity
Intervention Strategies, Planning and the Future

• Zip code data allows DJJ to pinpoint geographic areas where there may be a need for evidence based interventions through prevention and supervision resources.

• Community Involvement through Boards, Councils, and Stakeholders will assist our agency in providing a full continuum of effective interventions and strategies toward reducing juvenile delinquency.

• Community partners, whether agency or nonprofit, are using PACT data to create programming and apply for grants.

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